



511 Octavia St.  
New Orleans, LA 70115  
504-821-9885

# Dean Lerner Workshop

January 29-31, 2010

We are happy to welcome Dean back for his ninth year at the studio!

Dean, a Senior Iyengar yoga instructor, is co-director of the Center for Well-Being in Lemont, PA. He teaches workshops nationally and abroad and has trained many teachers in the Iyengar community. This is a wonderful opportunity to immerse yourself in a fun and challenging weekend of yoga with one of the top Iyengar teachers in the country!

**Weekend Workshop:**  
Fri. 6-8pm  
Sat. 9- noon  
Sat. 3-5pm  
Sun 8:30-11:30am

The weekend workshop is open to students who have studied Iyengar yoga for at least one year. Students should be familiar with shoulder stand and head stand. Priority will be given to students who register for the entire workshop. If space permits, students can attend individual classes.

Entire weekend workshop, \$185;  
(if received by Jan. 16, \$170.)  
2-hour classes \$40.; 3-hour classes \$60.

Space is limited. Pre-registration is highly recommended!

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### Registration form

Check here to register for the:

weekend workshop(\$185; if received by Jan. 16, \$170.)

Or check the boxes at the right to choose individual classes:

Fri. 6-8pm, \$40.

Sat. 9-noon, \$60.

Sat. 3-5pm, \$40.

Sun 8:30-11:30am, \$60.

Name \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_

Enclosed is my check for \$ \_\_\_\_\_